Pzilth-Na-O-Dith-Hle Community School



MUSTANG PRIDE

ATHLETIC POLICY

Board Approved 5.17.19

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DZILTH-NA-O-DITH-HLE COMMUNITY SCHOOL

ATHLETIC PROGRAM MANUAL

The purpose of this handbook is to provide coaches, athletes and parents at Dzilth-Na-O-Dith-Hle Community School (DCS) an outline of the school's philosophy, policies, responsibilities, and expectations.

PHILOSOPHY

The DCS athletic program is a part of the overall educational process. As educators, coaches, athletes and parents, we view the playing field as an extension of the classroom. Accordingly, athletic teams should provide an avenue for all students to be challenged to learn skills and concepts such as sport specific physical skills, theory of the game, team work, sportsmanship, respect, responsibility, and commitment.

GOALS AND OBJECTIVES

- 1. All participants including players, coaches, administrators, board members, and parents shall provide a positive image of school athletics.
- 2. To strive for excellence, produce quality teams, nurture sportsmanship and personal growth for the student athlete.
- 3. To provide an environment where students develop athletic and lifetime skills.

CODE OF ETHICS

All DCS administrators and coaches will subscribe to the following core values:

- · Adhere to policies and procedures.
- Promote and take pride in the programs.
- Generate trust by being truthful and sincere.
- Be accountable in action and attitude.
- Lead by example.

PRE-SEASON

- Athletic Director will schedule a mandatory meeting for parents/guardians to explain athletic policies, rules and expectations.
- Coaches will schedule a mandatory meeting for students to review practice and game schedules.
- Athletic Director will provide rosters to the front office prior to first game.
- Athletic Director will verify that all players have turned in a signed Interscholastic Sports/Athletic Participation and Physical Form. Coaches must keep a copy of this information when traveling.
- Coaches/Athletic Director will verify academic eligibility through bi-weekly grade checks.

PRACTICES

- Practices will be organized, instructional, and safe. All players should be equally involved in practices.
- Practices will be no longer than 1½ hours.
- Teams will not practice on Fridays, Saturdays, Sundays and/or Thursdays when there is no school on Fridays.
- The coach will not enter into any agreement to play games/tournaments outside of the regular schedule without prior approval of the Athletic Director.
- The coach will decide on a practice schedule (with the approval of the Athletic Director) and will stay consistent with it. Coaches are expected to stay at the school until all players have gone home and will not leave students unattended. If athletes are not picked-up within 15 minutes after the end of practice, parents should be contacted and/or taken to the dorm to be picked up. After 45 minutes, Law Enforcement will be notified.
- If practice times must be changed or cancelled, due to inclement weather or cancellation of games, students and parents should be informed via phone call, school Facebook, etc.

GAMES

- The coach must have a school supplied medical kit and emergency medical forms for all players at all practices and games.
- Any incidents (safety, behavior, etc.) while traveling on team buses should be reported immediately to the Athletic Director.
- The coach is responsible for the supervision of all athletes at away games, ensuring that all players
 are visible in the gym or on the field. Students are not allowed to roam around the buildings, school
 campus or neighborhoods. Students are representing DCS and are required to respect the host
 school's rules.
- It is <u>expected</u> that all athletes travel to away games on the team bus. On occasions when a player must leave a game with a parent, the parent must sign the check-out sheet. In no case will a player leave a game with anyone other than their legal guardian. A note prior to the game is required from their legal guardian allowing them to ride with someone else.
- Dorm students are required to ride the bus to the game and back to the dorm.
- After all games the players will acknowledge their opponents in a sportsmanlike manner.
- Coaches and athletes must clean out vehicles and return all equipment to their appropriate places.
- When school is closed, games will be cancelled.

PLAYING TIME & ATHLETE RESPONSIBILITY

<u>All players will play in every game</u>; we do not mandate that every player get equal time. There are situations which may influence playing time. For example:

- Attitude, behavior, commitment will influence playing time.
- Eligibility: If a student has a failing average in any class, he/she will not be allowed to practice or play until a passing grade is attained.
- Attendance: If a player has an unexcused absence within the week prior to game day, he/she will not play.
- In School Suspension (ISS): The athlete may not attend any practice or games during the suspension period.
- Out Of School Suspension (OSS): The athlete will be dismissed for the remainder of the season.
- Dorm suspension and discipline issues will be taken into consideration during the sports season.
- The Four Corners Jr. High League sets the schedule. The Athletic Director will communicate any changes with the coaches, athletes, parents and school staff.

COACHES RESPONSIBILITIES

- Look out for the physical and emotional well-being of athletes.
- Coaches must report/document all matters involving injury and disciplinary problems-to the Athletic Director.
- Coaches will not allow the athlete to practice or play without a medical release that is due to an injury or illness that required medical attention.
- Keep track of attendance at games and practices.
- Coaches will be responsible to transport students using school vehicles if there is a small number of athletes participating.

VOLUNTEER/ HELPERS

Volunteers must request in writing a letter of interest and be approved by the Athletic Director and Principal.

The volunteers role is limited to:

- Attendance, uniform record keeping, keeping track of notes for missed practices, keeping the score book at games, etc.
- Assist with practice.

The volunteer /helpers are not allowed to:

- Be alone with the team or individual players.
- A volunteer may not conduct practices or coach games without the coach or a person designated by the school administration.
- The volunteer is not responsible for any disciplinary matters.
- The volunteer will not get into any altercations with other coaches, players, officials, or parents.

ATTENDANCE AT GAMES AND PRACTICES

- An athlete must provide an excuse from a parent/physician for any missed practices/games. This note must be submitted to the coach before the athlete attends the next team event.
- If a player has an unexcused practice absence within the week prior to game day, he/she will not play.
- If a player misses class for the whole day, then he/she will not practice on that day.
- Three unexcused practices/games will result in dismissal from the team.
- The following are considered excused absence: medical, funeral, traditional ceremonies and school related reasons (such as tutoring, test, field trips, etc.).

TEAM COMPOSITION

The make-up of teams will depend on:

- The number of boys or girls interested in a particular sport. Students 5th/6th may be moved up to varsity teams if necessary.
- The number of students from grades 3rd 6th for JV and 7th 8th for Varsity.
- Cross Country: JV 2nd 6th Grades; Varsity 7th 8th Grade
- Volleyball: JV 3rd 6th Grades; Varsity 7th 8th Grades
- Flag Football: 6th 8th Grades
- Basketball: JV 3rd 6th Grades; Varsity 7th 8th Grades
- Softball: JV 3rd 6th grade Varsity 7th 8th grade
- Baseball: 5th 8th Grades

SPORTSMANSHIP FOR STUDENTS AND SPECTATORS

Students and spectators should:

- Realize they represent the school with an obligation to practice good sportsmanship.
- Recognize that good sportsmanship is more important than victory.
- Remember that the primary purpose of school athletics is to promote physical, mental, moral, social, and emotional well-being of the players through competition.
- Refrain from any negative comments or outbursts by athletes/parent(s) during meetings, games and on social media (Facebook, Snapchat, Instagram, Twitter, etc.). Athletes will be subjected to removal from the team if negative behavior continues. Also, Parents/Guardians/spectators will be removed from the game by the Athletic Director/Security.
- Refrain from wearing disrespectful shirts to any school sponsored games.
 Parents/Guardians/Visitors need to respect school policy and procedure while on campus.
- Show positive attitude at all times.



Dzilth-Na-O-Dith-Hle Community School

ATHLETIC PARTICIPATION CONTRACT



FOR ATHLETES, PARENTS, & COACHES

SPORT SEASON: _____

of the school athletic prog	grams you must read, sign	hletic program. Prior to participation, and return this document to the see commitment required to be on a	Athletic
to and uphold all obligation	s. As in any organization, ticate with the coach. If the	CS Mustang Athletic Policy and wil here will be issues and concerns. matter is not resolved, put your con	The first
We hereb	y acknowledge and agree to	he contract we are signing	
Student Athlete	Print	Date	
Student Athlete	Signature		
Parent/Legal Guardian	Print	Date	_
Parent/Legal Guardian	Signature		
Contact Information:			
Name:	Relation:	Ph#:	
Name:	Relation:	Ph#:	
Name:	Relation:	Ph#:	

		G	irade/Behavid	JI CHECK I	O		**************************************
	Student Name:				Grade:	Date:	
	Coach:		Sport : (Ci	rcle) Volleyball	Cross Country	Basketball Softba	all Baseba
	Class/Teacher	Letter Grade	Attendance	Behavior	Co	omment	Initials
1.							
2.							
3. — 4.							
5.							
6.							
7.	Residential	N/A	N/A				
		:(Circle) E	ligible/Not Eligibl	e Coach/A	D Signature:		
			Dzilth-Na-O-Dith-Hle	· Community Sch	ool		
	Student Name:	G	Dzilth-Na-O-Dith-Hle Grade/Behavio	Community Sch	ool Form	Date:	
		G	Dzilth-Na-O-Dith-Hle Grade/Behavio	Community Sch	oo/ Form Grade:		
•	Student Name:	G	Dzilth-Na-O-Dith-Hle Grade/Behavio	Community Sch	oo/ Form Grade: Cross Country	Date:	
•	Student Name: Coach:	G	Dzilth-Na-O-Dith-Hle Grade/Behavio Sport: (Ci	Community Schor Check F	oo/ Form Grade: Cross Country	Date : Basketball Softba	all Baseba
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	Student Name: Coach:	G	Dzilth-Na-O-Dith-Hle Grade/Behavio Sport: (Ci	Community Schor Check F	oo/ Form Grade: Cross Country	Date : Basketball Softba	all Baseba

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Participation Status:(Circle) Eligible/Not Eligible Coach/AD Signature: